

LOOKING AHEAD

2017 WELLNESS SERIES



Navigating the Second Half

“Making Merry Mistle Toes:

How to Make Your Feet Happy During the Holidays!

Join Dr. Michele Kraft as she discusses types of shoes that will provide great support, how to get rid of fungal toenails and how to receive foot pain relief without taking pain medication.



Michele Kraft, DPM

Toes On The Go

Wednesday, December 20, 2017 2:30-4:00pm

The Carmel Foundation, Diment Hall
SE corner of 8th and Lincoln, Carmel-by-the-Sea
Healthy refreshments provided • Seating limited to the first 100



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